



The Anchors Kitchen

We are committed to providing those in need with nutrition resources.
Please call 508-627-4368 to hear about more of the nutrition programs you may be eligible for.

Brown Bag Lunch Pickup

Tuesdays *and* Fridays Beginning in October!

11am-12:30pm.

Exact change is appreciated.

Please call the week before to register.

508-627-4368



Tuesday SANDWICHES

*includes dessert

\$3

Oct. 5 Ham and Cheese

Oct. 12 Chickpea and Quinoa Caesar Wrap

Oct. 19 Chicken Salad Sandwich

Oct. 26 Veggie Wrap

Friday Café ~ Lunch TO GO

*includes soup and dessert

\$5

Oct. 1 Pasta Primavera

Oct. 8 Chicken Cutlet

Oct. 15 Lasagna Roll-Ups

Oct. 22 Meatloaf & Mashed Potatoes

Oct. 29 Chicken Marbella